



## Get your Seasonal Flu Shot

### Make Your Health a Priority This Fall

Flu season is here, and it's more important than ever for you to take care of your health.

By getting a single flu shot you can protect yourself against the seasonal flu and other forms of the flu virus. To obtain this year's vaccine, go to a local pharmacy that participates in the Vaccine Immunization/Injection Network administered by OptumRx.<sup>1</sup> You may wish to call ahead to confirm. Members may obtain a flu shot on a walk-in basis by presenting their OptumRx ID card at time of service. Vaccine supplies may vary by location.

This list represents the larger retail chain pharmacies in our network, but is not comprehensive. For a more complete list, login to [www.optumrx.com](http://www.optumrx.com) or call the number on your health plan or prescription ID card.

- [Ahold USA](#)  
(Giant Food Stores, Giant of Maryland, Stop and Shop Supermarkets, Ukrop's Super Markets)
- [Albertsons](#)
- [CVS Pharmacy](#)
- [Four B Corporation](#)  
(Hen House, Price Chopper)
- [Hy-Vee Pharmacy](#)
- [Kmart Pharmacy](#)
- [K-V-A-T Food Stores, Inc.](#)  
(Food City)
- [The Kroger Co.](#)  
(Dillons, King Sooper, Fry's, Fred Meyer, Ralphs, QFC, Harris Teeter Roundy's, Pick N' Save, Copps Food Center, Metro Market, Baker's Pharmacy, City Market, Mariano's, Pay Less, Owens, Jay C Food Stores, Gerbes Pharmacy)
- [Meijer Pharmacies](#)
- [Publix](#)
- [Safeway Affiliated Pharmacies](#)  
(Carrs, Dominicks, Pavilion's, Randalls, Safeway, Tom Thumb, Vons)
- [SUPERVALU Affiliated Pharmacies](#)  
(BIGGS, Osco, Sav-On, Shaw's Supermarket)
- [Thrifty White Pharmacy](#)
- [Tops Markets](#)
- [Walgreens Pharmacy \(Duane Reade\)](#)  
(Duane Reade)
- [Wegmans](#)
- [Walmart](#)

Please note age restrictions or limitations may apply. Check with your pharmacist for specific age or flu shot requirements.

<sup>1</sup> There may be some instances where a particular location for one of the vaccine providers is not participating in the national OptumRx Vaccine Immunization/Injection Network. Contact your local pharmacy to confirm participation.

[www.optumrx.com](http://www.optumrx.com)

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