

Looking ahead to retirement



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It's about *time*

Agenda



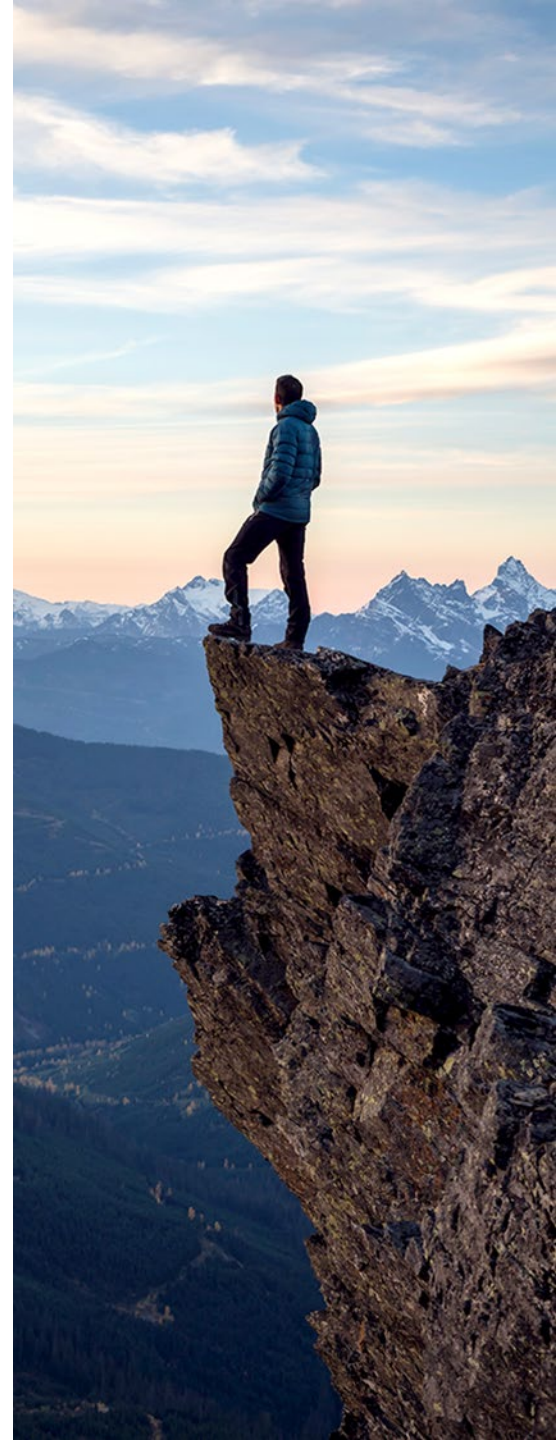
How to prepare for life in retirement



Identifying sources of retirement income



Strategies for investing as you approach retirement



How to prepare for life in retirement



Personalize your retirement strategy

Lifestyle

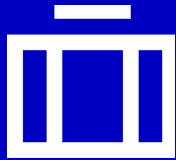
- Activities
- Work
- Real estate
- Climate
- Family

Cost of living

- Basic expenses
- Extra costs
- Healthcare
- Taxes

Countdown to retirement

**10 to 15
years**



**5 to 10
years**



1 to 5 years



**1 year or
less**



Budgeting for retirement

These expenses drive much of the day-to-day costs of living in retirement

Lifestyle

- Mortgage/rent/homeowner's association/property taxes
- Home maintenance
- Utilities
- Groceries
- Clothing
- Auto (loan, maintenance, or gas)
- Other transportation

Healthcare expenses

- Health insurance premiums
- Out-of-pocket expenses (doctor, dentist, or hospital)
- Prescriptions

Nonessential expenses

- Travel
- Dining out
- Entertainment
- Educational expenses
- Club memberships
- Pets
- Charitable contributions



PLANNING TIP

Get a jump-start on your expense-based planning with our retirement planner

Log in to myplan.johnhancock.com and click "Let's go"



The projected retirement income estimates for your current John Hancock accounts, future contributions, employer contributions (if applicable), and other accounts set aside for retirement used in this calculator are hypothetical, and for illustrative purposes only, and do not constitute investment advice. Results are not guaranteed and do not represent the current or future performance of any specific account or investment. All investments carry a degree of risk, and past performance is not a guarantee of future results. Due to market fluctuations and other factors, it is possible that investment objectives may not be met. Investing involves risks, and past performance does not guarantee future results.

Health and wealth

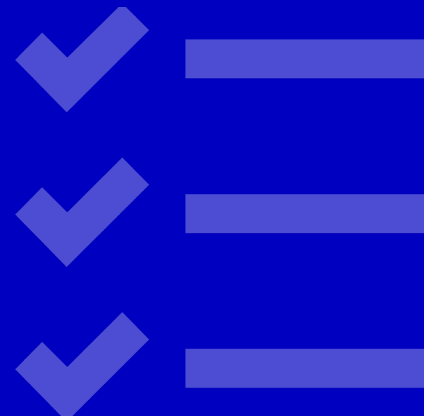
Healthcare
costs



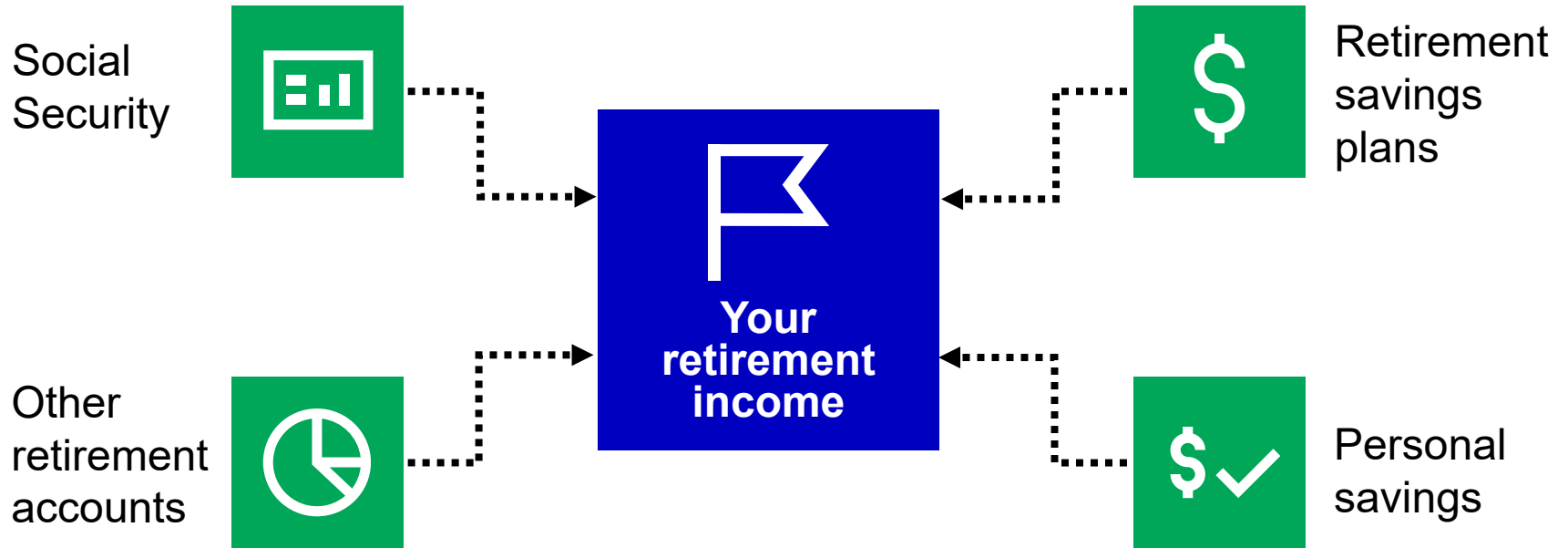
Longevity—
income for
more years



Identifying sources of retirement income



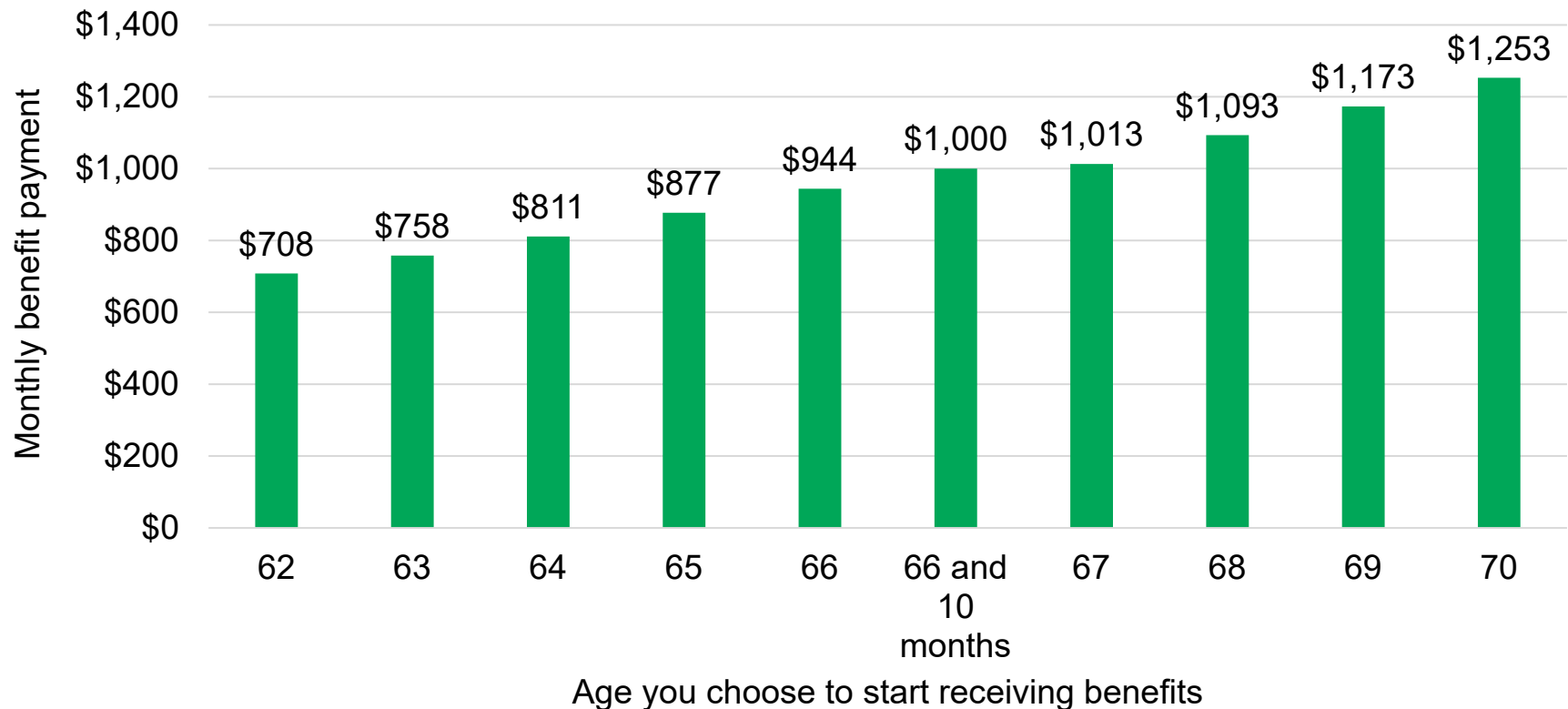
Your retirement income



Social Security—how much will you receive?

Monthly payment based on the age you start receiving benefits

This example assumes a benefit of \$1,000 at a full retirement age of 66 and 10 months



This sample is for illustrative purposes only.

Your retirement plan

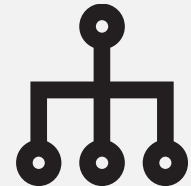
Building savings

- Employer contributions based on the terms of the Collective Bargaining Agreement



Taking distributions

- Keep the money in your retirement plan
- Roll over to an IRA
- Take a cash distribution



When withdrawing money from your plan, carefully consider the options available to you, including rolling your money over to another qualified account to avoid potential tax penalties.

There are advantages and disadvantages to all rollover options; you are encouraged to review your options to determine if staying in a retirement plan, rolling over to an IRA, or another option is best for you.

Keep your money in your existing plan

Advantages

- Stay in your current investment options
- Continued potential tax-deferred growth*
- Ability to move your account balance at a later date
- Potential for penalty-free distributions (if age 55+)
- Access to Stable Value Fund

Considerations

- You cannot receive employer contributions once you leave your employer
- Investment options selected at employer discretion
- Future change to your plan may alter the process for accessing funds
- Potential beneficiary restrictions

Ordinary income taxes due upon withdrawal. Withdrawals before the age of 59 1/2 may be subject to an early distribution penalty of 10%.

Stable value portfolios typically invest in a diversified portfolio of bonds and enter into wrapper agreements with financial companies to prevent fluctuations in their share prices. Although a portfolio will seek to maintain a stable value, there is a risk that it will not be able to do so, and participants may lose their investment if both the Fund's investment portfolio and the wrapper provider fail.



Rollover to an IRA

Advantages

- Variety of investment options
- Continued potential tax-deferred growth*
- Ability to make additional contributions
- Potential to combine other tax-deferred accounts

Considerations

- No Stable Value Fund available
- There may be additional fees

Ordinary income taxes due upon withdrawal. Withdrawals before the age of 59 1/2 may be subject to an early distribution penalty of 10%.

When withdrawing money from your plan, carefully consider the options available to you, including rolling your money over to another qualified account to avoid potential tax penalties.



There are advantages and disadvantages to all rollover options; you are encouraged to review your options to determine if staying in a retirement plan, rolling over to an IRA, or another option is best for you.

Take a cash distribution

Advantages

- Immediate access to your money (once distribution is processed & applicable taxes and penalties are withheld)
- Rollover your money without tax consequences if you do so within 60 days (entire distribution plus any taxes that were paid)

Considerations

- Subject to federal (and possible state & local) taxes
- 10% early withdrawal penalty if taken prior to age 59½
- Distribution may move you to a higher tax bracket
- Savings no longer grow tax-deferred

Other sources of retirement income

Additional retirement accounts from prior employers



Guaranteed sources of income

- Defined benefit pension plan
- Annuity



Personal savings



Assets outside of your qualified retirement plan



IRAs



Personal
savings
accounts
and CDs



Stocks



Bonds



Mutual funds



Withdrawals may prompt tax payments

Withdrawals & Required minimum distributions (RMD)



Keep your money in the plan even in retirement until you need it as income



Retirement (In Plan)

- Monthly installments
- Quarterly installments
- Annual installments
- Annuity payments
 - Joint & survivor



Lump sum with or without rollover to qualified vehicle



Partial lump sum



RMD age 72



Combining prior retirement accounts

No more juggling
accounts from past
providers



Fewer statements to
track down and
passwords to
remember



Potential for fewer
fees for all those
accounts



Call us at **877-525-7655.**



Available for plans using John Hancock's consolidation services; rollovers are subject to the provisions of your company's plan. As other options are available, participants are encouraged to review these options to determine if combining their retirement accounts is suitable for them.

Strategies for investing as you approach retirement



Drawdown methods



Retirement
planner



Systematic
withdrawals



Time
segmentation



Interest and
dividends only



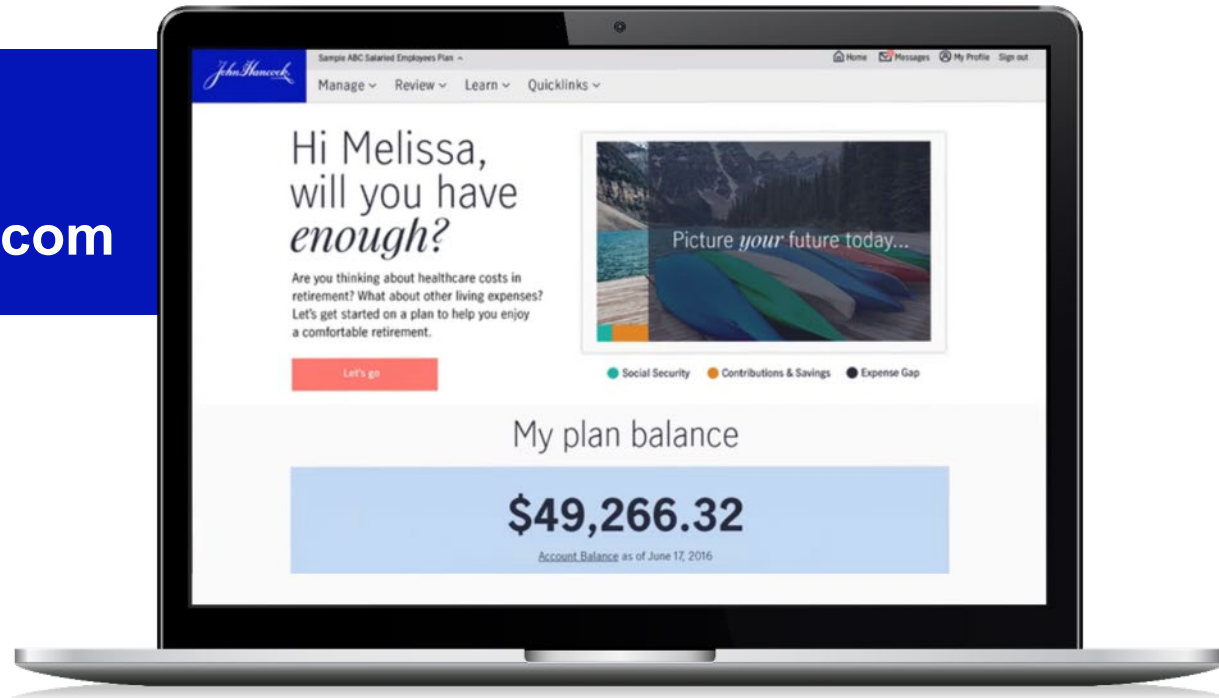
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Retirement planner



myplan.johnhancock.com



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The importance of asset allocation



Balance of stocks, bonds, and cash



Factors to consider when allocating your assets



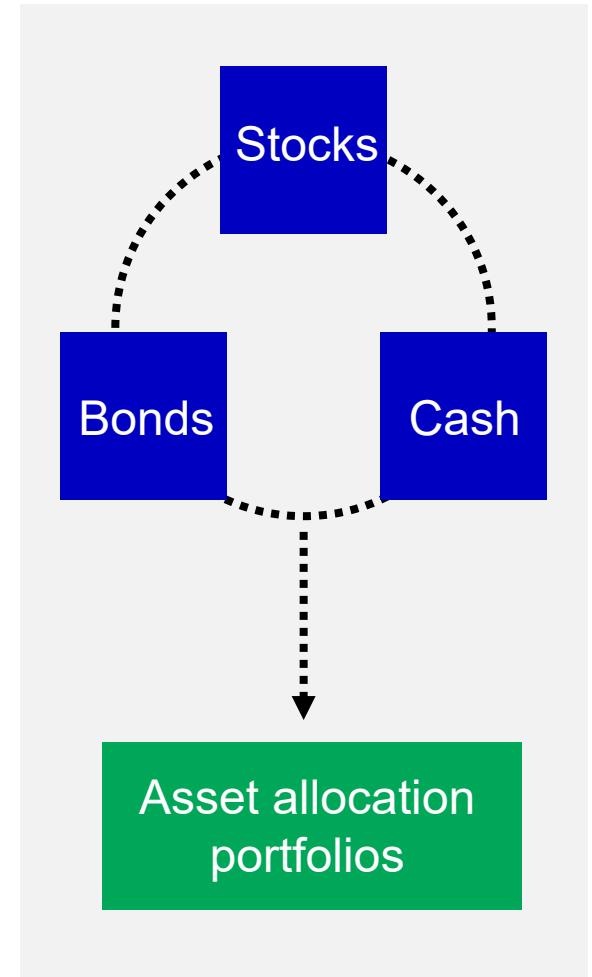
Length of
time you
have to save



Anticipated
time in
retirement



Your comfort
with risk



Is your portfolio retirement ready?

How to turn down the risk while still allowing for growth

Targets for percentage of portfolio invested in stocks, by age range¹

Under age 30	Age 30–39	Age 40–49	Age 50–59	Age 60 and older
80%–100%	76%–96%	65%–85%	49%–69%	40%–50%

¹ John Hancock internal data. Target asset allocations are as of September 2019.

There is no guarantee that any investment strategy will achieve its objectives. It is your responsibility to select and monitor your investment options to meet your retirement objectives. You should review your investment strategy at least annually. You may also want to consult your own independent investment or tax professional or legal counsel.

You're on your way

Prepare for
your
retirement



Identify your
sources of
income



Choose your
strategies for
investing





Go to **myplan.johnhancock.com.**

John Hancock

My Plan for Retirement

Username

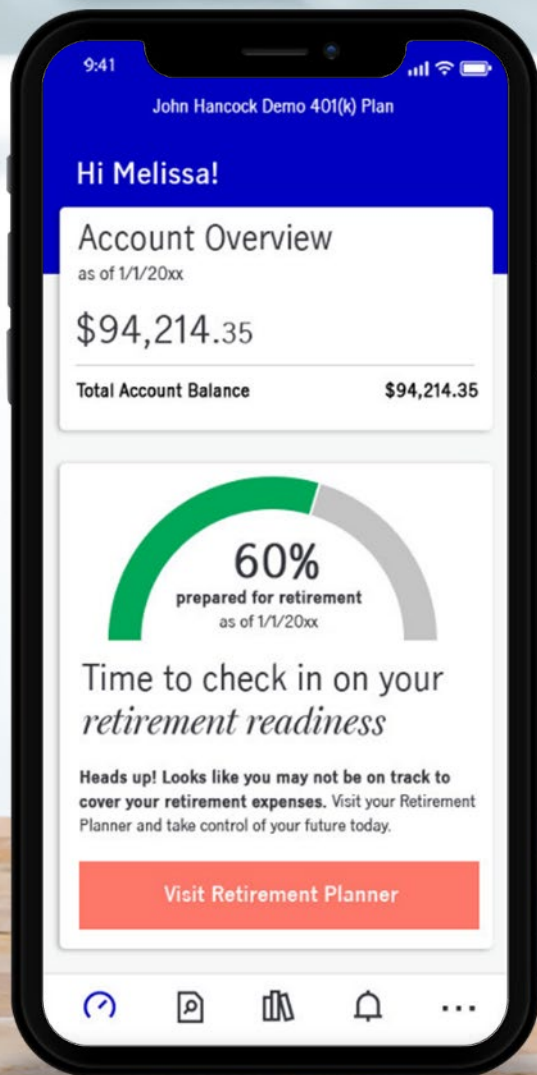
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or

Register Now

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- 2** Enjoy secure access to your plan—even make account changes
- 3** View your account balance and see how prepared you are for retirement
- 4** Use helpful tools and get timely education on personal finance and wellness topics



Download the app from



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